**Connections Program Intern**

**Westminster Canterbury on Chesapeake Bay**

3100 Shore Drive Virginia Beach, VA 23451

**JOB DESCRIPTION**

This internship is open to the following majors; Psychology, Sociology, Gerontology, and Health Services.

This internship assignment is flexible and has various sessions available for 4 weeks, 6 weeks, 8 weeks and 12 weeks. Monday thru Friday from 10am - 2pm

Under the supervision of the Therapeutic Recreation Specialist, in the Connections Program, the intern will use a person-centered, strength-based approach to provide functional activity-based programming for program participants. Programming is designed to meet the six domains of Westminster-Canterbury’s Pathways to Wellness (physical, emotional, spiritual, social, vocational, intellectual). The internship requires a functional knowledge of dementia and an understanding of the psychosocial and behavioral challenges faced by individuals with dementia and their family members. The position will provide assistance as needed with hands-on personal care needs of program participants, activity group facilitation, meal & snack assistance, documentation, etc., as needed.

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**RESPONSIBILITIES**

* Provides a person-centered, strengths-based environment that promotes and supports an active, healthy, and independent lifestyle in accordance with the needs of each individual resident.
* Co-leads and, as needed leads functional activity-based individual and group programming for Pathways participants.
* Assists program operation by calming agitated participants, transporting residents to & from the program as needed.
* Assists with general hygiene.
* Will communicate change in participants’ behavior and condition and responds according to protocol.
* Assists residents with meeting restorative goals, transfers residents using proper body mechanics and techniques when needed.
* Documents on daily report and provides report with other staff and volunteers.

**QUALIFICATIONS**

* Qualified Academic Internship Program.
* Ability to stand or walk for extended periods during shift.
* Ability to climb three flights of stairs.
* Ability to lift 25 pounds.
* Performs other duties incidental to the work described herein.

**BENEFITS**

* Benefits in academic credit and work experience. Networking opportunities.
* Excellent Advancement Opportunities